



# Nutrition Chart 1/2

Flavour	Ingredients	Nutrition	Allergens
Natural Greek	Dietary fibre, fat free milk, natural yogurt, citric acid, emulsifiers, carboxymethylcellulose, guar gum, xanthan gum, isomalt, steviol glycoside.	kcal 53, Protein 3g, Carbs 11g, Fat 0g	Milk
Vanilla	Whey protein isolate, dietary fibre, skimmed milk, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 69, Protein 8g, Carbs 9g, Fat 0g	Milk
Strawberry (Plant-Based)	Dietary fibre, strawberry, maltodextrins, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 72, Protein 0g, Carbs 21g, Fat 0g	Soy
Strawberry Banana (Plant-Based)	Dietary fibre, strawberry, banana, maltodextrins, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 72, Protein 0g, Carbs 21g, Fat 0g	Soy
Chocolate	Whey protein isolate, dietary fibre, skimmed milk, skim cocoa powder, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 70, Protein 8g, Carbs 8g, Fat 0g	Milk
Mango (Plant-Based)	Dietary fibre, maltodextrins, mango, passion fruit, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 90, Protein 0g, Carbs 21g, Fat 0g	Milk, Soy
Peanut Butter	Whey protein isolate, dietary fibre, skimmed milk, peanut, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 99, Protein 9g, Carbs 11g, Fat 3g	Milk, Nuts
Watermelon (Plant-Based)	Dietary fibre, maltodextrins, watermelon, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 90, Protein 0g, Carbs 22g, Fat 0g	Soy
Hazelnut	Whey protein isolate, dietary fibre, skimmed milk, hazelnut, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 53, Protein 3g, Carbs 11g, Fat 0g	Milk, Nuts
Lemonade (Plant-Based)	Dietary fibre, maltodextrins, lemon juice, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 89, Protein 0g, Carbs 21g, Fat 0g	Soy
White Chocolate	Whey protein isolate, dietary fibre, skimmed milk, white chocolate, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 98, Protein 8g, Carbs 12g, Fat 2g	Milk
Peach Green Tea (Plant-Based)	Green tea, dietary fibre, maltodextrins, peach, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 90, Protein 0g, Carbs 22g, Fat 0g	Soy
Pistachio	Whey protein isolate, dietary fibre, skimmed milk, pistachio, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 90, Protein 10g, Carbs 10g, Fat 3g	Milk
Pomegranate	Dietary fibre, fat free milk, natural yogurt, pomegranate, citric acid, emulsifiers, carboxymethylcellulose, guar gum, xanthan gum, isomalt, steviol glycoside.	kcal 65, Protein 3g, Carbs 14g, Fat 0g	Milk
Caramel Fudge	Whey protein isolate, dietary fibre, skimmed milk, caramel, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 80, Protein 8g, Carbs 11g, Fat 0g	Milk



# Nutrition Chart 2/2

Flavour	Ingredients	Nutrition	Allergens
Raspberry	Dietary fibre, fat free milk, natural yogurt, raspberry, citric acid, emulsifiers, carboxymethylcellulose, guar gum, xanthan gum, isomalt, steviol glycoside.	kcal 66, Protein 3g, Carbs 15g, Fat 0g	Milk
Chocolate Hazelnut	Whey protein isolate, dietary fibre, skimmed milk, skim cocoa powder, hazelnut, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 80, Protein 9g, Carbs 9g, Fat 4g	Milk, Nuts
Turmeric Orange (Plant-Based)	Dietary fibre, maltodextrins, orange, turmeric, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 90, Protein 0g, Carbs 22g, Fat 0g	Soy
Cheesecake	Whey protein isolate, dietary fibre, skimmed milk, raw cane sugar, egg yolk, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside, beta-carotene, curcumin.	kcal 83, Protein 8g, Carbs 12g, Fat 0g	Milk, Egg
Cinnamon	Whey protein isolate, dietary fibre, skimmed milk, cinnamon, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 69, Protein 8g, Carbs 9g, Fat 0g	Milk
Oreo	Whey protein isolate, dietary fibre, skimmed milk, oreo biscuit, emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 95, Protein 8g, Carbs 13g, Fat 1g	Milk
Red Velvet Cake	Whey protein isolate, dietary fibre, skimmed milk, red velvet cake (sugar, wheat flour, pasteurized egg, beetroot concentrate, butter, medium fat soft cheese, glycerol, cornflour, cocoa powder, belgian dark chocolate, raising agents, wheat flour, salt) emulsifiers, carboxymethylcellulose, guar gum, isomalt, steviol glycoside.	kcal 85, Protein 8g, Carbs 12g, Fat 1g	Milk, Egg
Hemp Matcha (Plant-Based)	Rice powder, dietary fibre, matcha powder, hemp oil (cbd), coconut oil, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, steviol glycoside.	kcal 104, Protein 4g, Carbs 19g, Fat 3g	Milk, Coconut
Strawberry Kombucha (Plant-Based)	Kombucha, dietary fibre, strawberry, maltodextrins, soy proteins, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, steviol glycoside.	kcal 72, Protein 0g, Carbs 21g, Fat 0g	Soy
Pistachio (Plant-Based)	Rice powder, dietary fibre, pistachio, coconut oil, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, steviol glycoside.	kcal 118, Protein 5g, Carbs 22g, Fat 6g	Nuts, Coconut
Hazlenut (Plant-Based)	Rice powder, dietary fibre, hazelnut, coconut oil, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, steviol glycoside.	kcal 118, Protein 5g, Carbs 22g, Fat 6g	Nuts, Coconut
Vanilla (Plant-Based)	Rice milk, dietary fibre, vanilla extract, coconut oil, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, steviol glycoside.	kcal 89, Protein 4g, Carbs 19g, Fat 3g	Coconut
Cinnamon (Plant-Based)	Rice powder, dietary fibre, cinnamon, coconut oil, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, steviol glycoside.	kcal 89, Protein 4g, Carbs 19g, Fat 3g	Coconut