

# Nutrition Chart 1/2

| Flavour                            | Ingredients  | Nutrition                               | Allergens  |
|------------------------------------|--|---|------------|
| Natural Greek                      | Dietary fibre, fat free milk, natural yogurt, citric acid, emulsifiers, carboxymethylcellulose, guar gum, xanthan gum, isomalt, stevia.                                      | kcal 53, Protein 3g, Carbs 11g, Fat 0g  | Milk       |
| Vanilla                            | Whey protein isolate, dietary fibre, skimmed milk, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.   | kcal 69, Protein 8g, Carbs 9g, Fat 0g   | Milk       |
| Strawberry<br>(Plant-Based)        | Dietary fibre, strawberry, maltodextrins, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia.           | kcal 72, Protein 0g, Carbs 21g, Fat 0g  | Soy        |
| Strawberry Banana<br>(Plant-Based) | Dietary fibre, strawberry, banana, maltodextrins, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia.   | kcal 72, Protein 0g, Carbs 21g, Fat 0g  | Soy        |
| Chocolate                          | Whey protein isolate, dietary fibre, skimmed milk, skim cocoa powder, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.  | kcal 70, Protein 8g, Carbs 8g, Fat 0g   | Milk       |
| Mango<br>(Plant-Based)             | Dietary fibre, maltodextrins, mango, passion fruit, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia. | kcal 90, Protein 0g, Carbs 21g, Fat 0g  | Milk, Soy  |
| Peanut Butter                      | Whey protein isolate, dietary fibre, skimmed milk, peanut, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.   | kcal 99, Protein 9g, Carbs 11g, Fat 3g  | Milk, Nuts |
| Watermelon<br>(Plant-Based)        | Dietary fibre, maltodextrins, watermelon, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia.           | kcal 90, Protein 0g, Carbs 22g, Fat 0g  | Soy        |
| Hazelnut                           | Whey protein isolate, dietary fibre, skimmed milk, hazelnut, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.   | kcal 53, Protein 3g, Carbs 11g, Fat 0g  | Milk, Nuts |
| Lemonade<br>(Plant-Based)          | Dietary fibre, maltodextrins, lemon juice, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia.          | kcal 89, Protein 0g, Carbs 21g, Fat 0g  | Soy        |
| White Chocolate                    | Whey protein isolate, dietary fibre, skimmed milk, white chocolate, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.  | kcal 98, Protein 8g, Carbs 12g, Fat 2g  | Milk       |
| Peach Green Tea<br>(Plant-Based)   | Green tea, dietary fibre, maltodextrins, peach, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia.     | kcal 90, Protein 0g, Carbs 22g, Fat 0g  | Soy        |
| Pistachio                          | Whey protein isolate, dietary fibre, skimmed milk, pistachio, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.  | kcal 90, Protein 10g, Carbs 10g, Fat 3g | Milk       |
| Pomegranate                        | Dietary fibre, fat free milk, natural yogurt, pomegranate, citric acid, emulsifiers, carboxymethylcellulose, guar gum, xanthan gum, isomalt, stevia.                         | kcal 65, Protein 3g, Carbs 14g, Fat 0g  | Milk       |
| Caramel Fudge                      | Whey protein isolate, dietary fibre, skimmed milk, caramel, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.  | kcal 80, Protein 8g, Carbs 11g, Fat 0g  | Milk       |

# Nutrition Chart 2/2

| Flavour                              | Ingredients   | Nutrition                               | Allergens     |
|--------------------------------------|---|---|---------------|
| Raspberry                            | Dietary fibre, fat free milk, natural yogurt, raspberry, citric acid, emulsifiers, carboxymethylcellulose, guar gum, xanthan gum, isomalt, stevia.  | kcal 66, Protein 3g, Carbs 15g, Fat 0g  | Milk          |
| Chocolate Hazelnut                   | Whey protein isolate, dietary fibre, skimmed milk, skim cocoa powder, hazelnut, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia.   | kcal 80, Protein 9g, Carbs 9g, Fat 4g   | Milk, Nuts    |
| Turmeric Orange<br>(Plant-Based)     | Dietary fibre, maltodextrins, orange, turmeric, soy proteins, citric acid, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia.  | kcal 90, Protein 0g, Carbs 22g, Fat 0g  | Soy           |
| Cheesecake                           | Whey protein isolate, dietary fibre, skimmed milk, raw cane sugar, egg yolk, glucose syrup, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia, beta-carotene, curcumin.  | kcal 83, Protein 8g, Carbs 12g, Fat 0g  | Milk, Egg     |
| Cinnamon                             | Whey protein isolate, dietary fibre, skimmed milk, cinnamon, emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia   | kcal 69, Protein 8g, Carbs 9g, Fat 0g   | Milk          |
| Oreo<br>(Plant-Based)                | Rice powder, dietary fibre, oreo biscuit, vegetable fats (coconut), glucose syrup, modified starch, salt, fatty acids, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, stevia   | kcal 95, Protein 8g, Carbs 13g, Fat 1g  | Milk          |
| Red Velvet Cake                      | Whey protein isolate, dietary fibre, skimmed milk, red velvet cake (sugar, wheat flour, rapeseed oil, pasteurized egg, beetroot concentrate, butter, medium fat soft cheese, glycerol, cornflour, cocoa powder, belgian dark chocolate, glucose syrup, raising agents, whole milk, wheat flour, salt) emulsifiers, carboxymethylcellulose, guar gum, isomalt, stevia. | kcal 85, Protein 8g, Carbs 12g, Fat 1g  | Milk, Egg     |
| Hemp Matcha<br>(Plant-Based)         | Rice powder, dietary fibre, matcha powder, hemp oil (cbd), vegetable fats (coconut), glucose syrup, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, stevia.   | kcal 104, Protein 4g, Carbs 19g, Fat 3g | Milk, Coconut |
| Strawberry Kombucha<br>(Plant-Based) | Kombucha, dietary fibre, strawberry, maltodextrins, soy proteins, emulsifiers, carboxymethylcellulose, guar gum, anthocyanins, beta- carotene, isomalt, stevia.   | kcal 72, Protein 0g, Carbs 21g, Fat 0g  | Soy           |
| Pistachio<br>(Plant-Based)           | Rice powder, dietary fibre, pistachio, vegetable fats (coconut), glucose syrup, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, stevia.   | kcal 118, Protein 5g, Carbs 22g, Fat 6g | Nuts, Coconut |
| Hazlenut<br>(Plant-Based)            | Rice powder, dietary fibre, hazelnut, vegetable fats (coconut), glucose syrup, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, stevia.  | kcal 118, Protein 5g, Carbs 22g, Fat 6g | Nuts, Coconut |
| Vanilla<br>(Plant-Based)             | Rice milk, dietary fibre, vanilla, vegetable fats (coconut), glucose syrup, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, stevia.   | kcal 89, Protein 4g, Carbs 19g, Fat 3g  | Coconut       |
| Cinnamon<br>(Plant-Based)            | Rice powder, dietary fibre, cinnamon, vegetable fats (coconut), glucose syrup, modified starch, salt, emulsifiers, tara gum, carboxymethylcellulose, guar gum, maltitol, erythritol, stevia.  | kcal 89, Protein 4g, Carbs 19g, Fat 3g  | Coconut       |
|                                      |   |   |               |